

# Brain and Spinal Tumors Incidence Annual Audit 2017 of Dept of Neurosurgery Khoula Hospital Muscat Oman: A Review

G P Mishra, Tariq Al Saadi, Neeraj Salhotra\*, Samit Biniwale, Mohammad Hadad,  
Mohammad Hashim, Ali Al Mashani, Qassim Al Hinai, Sharad Samson Rajmani

Department of Neurosurgery Khoula Hospital Muscat Oman PO 90, PC 116

\*Corresponding author: [neersal@hotmail.com](mailto:neersal@hotmail.com)

**Abstract** Brain and spinal tumors contribute to the main bulk of neurosurgery work in any Neurosurgical center. Effective audit of the work of a neurosurgical center amounts to earmarking the areas needing improvement and hence an enhanced patient care. Our department also performed an annual audit of the cranial and spinal tumors dealt in one year and analyzed the results. Benign to malignant all varieties of cranial tumours were seen in a small population of a country like Oman, however state of art diagnostic facilities were used to diagnose, treat and follow up the patients. Careful eye was kept on the pseudoprogession of the tumours as repected in the radiological reports. Results revealed a standard distribution of the tumours seen in other centers reported in the literature. Extent of tumour excision was done in standard guidelines keeping patient useful outcome in mind. Resurgery in malignant tumours were offered in young patients if comes back with recurrence.

**Keywords:** Brain and spinal tumors, incidence, pseudopogression of tumours

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special arterial spin labeling to dynamic susceptibility contrast perfusion MR imaging.

## 1. Introduction

Neurosurgery work in any center revolves mainly around the neoplasms benign or malignant excised with type of outcome seen. A scientific analysis of the same over a period gives the ways to improve upon the shortcomings encountered. An analysis of a period of 1 yr was done in Dept. of Neurosurgery Khoula Hospital Muscat Oman. Tumours ranged from astrocytomas to medulloblastomas and from pituitary adenomas to schwannomas. Outcome was carefully studied and rectification measures taken to improve upon the service.

## 2. Materials and Methods

All patient who were admitted in our department were carefully questioned for a detailed history, examined minutely, substantiated by the imaging and other studies to diagnose and then carefully after a detailed discussions with family regarding all possible risks and benefits surgical excision was planned and accomplished. Initial ICU care for 1 day post operatively, patients were transferred to the ward for continuation of nursing care and physiotherapy and 3 rd day discharged home if no unforeseen event occurred.

Careful follow up was done. Special emphasis was laid upon pseudoprogession identification by combining

## 3. Results

A total number of 1419 patients were admitted to the department in 2017. Out of that 136 patients were of cranial and spinal tumors. Out of that Omani patients were 127. Non-Omani patients were 9, Yemeni 3, Bangladeshi 2, Indian 2, Filipino 1, Tanzanian 1. Brain cases were 125. Spinal cases were 6. Scalp lesions were 5. Sex differentiation wise males were 67 (53.6%) and female were 58 (46.4%). New cases were 104. Recurrent or old cases were 21. Out of brain cases operated cases were 88. Non-operated cases were 37.

Meningioma formed the main bulk making 21 cases of total. 11 cases of pituitary adenomas were seen. Metastasis were seen in 11 patients. 6 cases of schwannoma were seen. 6 cases of ependymomas were seen.

Glioblastoma multiforme was seen in another 5 patients. 5 cases were astrocytomas were seen. Medulloblastomas cases were 4. Oligoastrocytomas made 3 of the bulk. Oligodendroglioma cases were 2. 2 cases of lymphoma were seen. 2 cases of ganglioglioma were seen. Craniopharyngioma cases also were 2. Chordoma also were 2. 1 case of oligoglioma, 1 case of neurofibroma, 1 case of atypical glioma, 1 case of epidermoid tumour, 1 case of gangliocytoma and one of other group territory were seen.

### OPERATED BRAIN TUMOR CASES

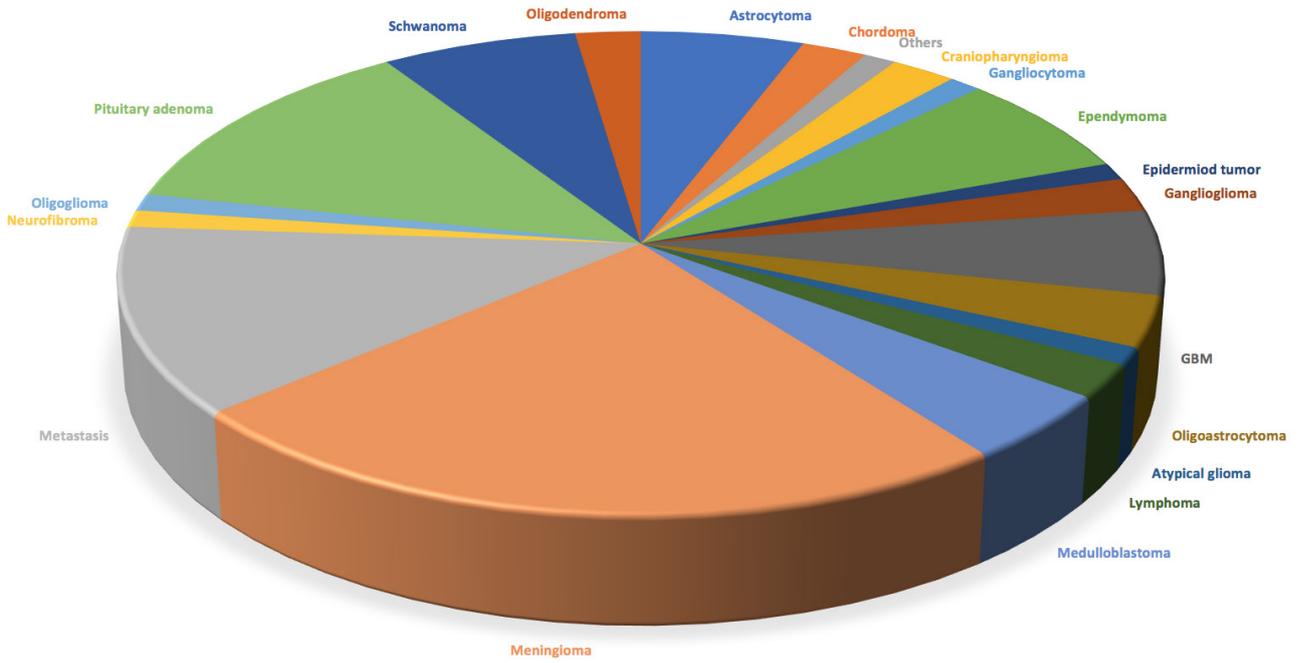


Figure 1 Overview of tumour seen

### Brain and spinal tumors cases 2017

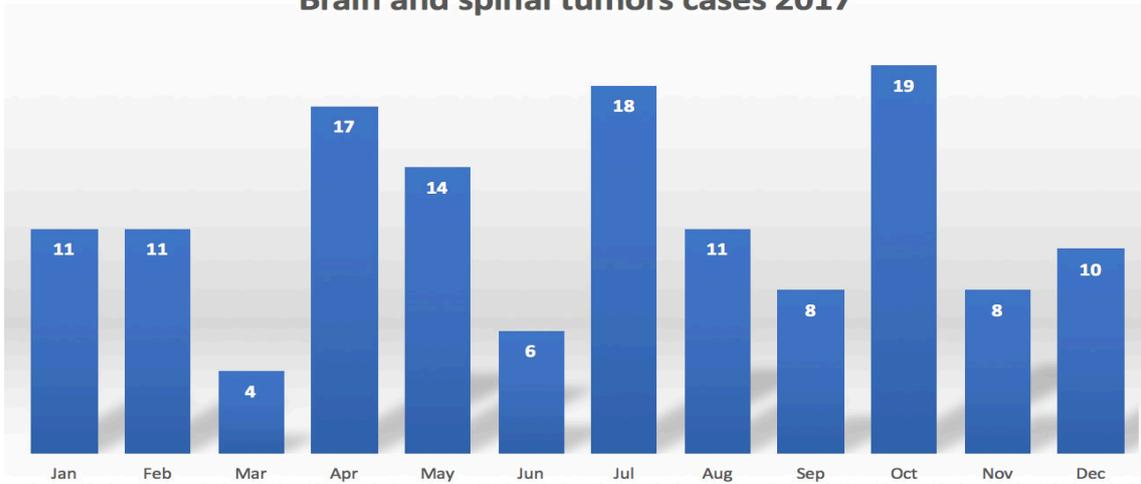


Figure 2. The monthly tumor pattern

### Non-operated brain tumor cases

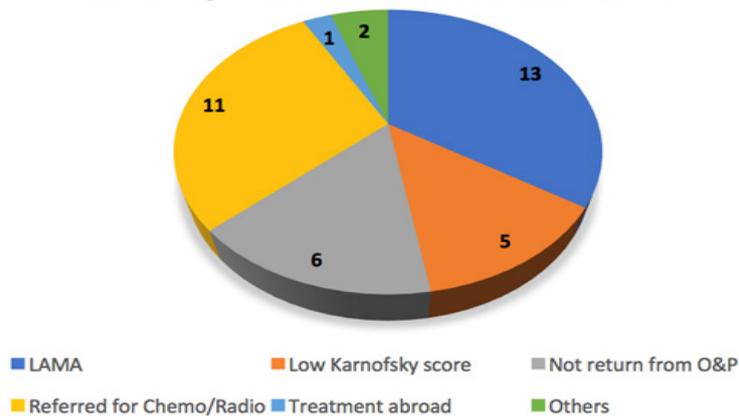


Figure 3. The non operated category

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	
1	Name	Nationality	ID	Age	Gender	Brain vs. Spine	New/Old	Location	HP	treatment type	F/U	Other										
2	Jamil	Omani	425917	77Y	M	B	O	Rt. Frontal	Meningioma	Bi Frontal C&E	CSF rhinorrhea, operated	Operated in 2014 for meningioma										
3	Maryam	Omani	926400	19Y	F	Brain	N	Li.Frontal	Oligodendroma	Li.Parietal craniotomy and excision of lesion	(1) CSF leakage from craniotomy site (2) surgical site infection (3) Re-exploration and lumbar drain drain (4) EVD											
4	Zaina	Omani	479271	45 Y	F	Brain	N	Li.Parietal	Meningioma WHO 1	Li.Parietal craniotomy and excision of lesion	1 weeks: wound discharge and signs of wound dehiscence. All monthly F/U OK											
5	Katrina	Omani	923797	12 Y	F	Brain	N	Pituitary	Pituitary adenoma	Rt.Pterional craniotomy and excision of sellar lesion	2 weeks: GCS15/15, V7 intact, VA.6/12											
6	Ali	Omani	932383	53Y	M	Brain	N	Li.CP angle	Schwannoma	Li.Retrotranslational craniotomy and excision of SOL	7th LNB fully treated with acupuncture											
7	Sania	Omani	921015	41 Y	F	Brain	N	Meningebral meningioma WHO 1	Bifrontal	Bi-frontal craniotomy and excision of olfactory groove meningioma	Coronulosis, dipping in GCS, brain edema, were disabily ans quadriplegia											
8	Yusef	Omani	933807	53Y	M	Brain	N	Rt. Temporal	Atypical meningioma Grade 2	Rt. Frontal craniotomy and excision of SOL	Day 1 post op heme flap removed because of dropping in GCS, CT showed sig midline shift 1 month later: collection in the operative site, (dhrta, EVD inserted, vancomycin irrigation done, 4 month later Good											
9	Nasta	Omani	11709	30Y	F	Brain	O	Li.Frontal	Meningioma grade 1	Li. Frontal craniotomy and excision of SOL	decrease hearing in the L side + convulsions +	K.C of NF-2, CP angle tumor and multiple meningioma. Operated for meningioma in 2011 + Operated for CP angle schwannoma in 7/17										
10	Nafisa	O	944702	43Y	F	B	N	Li. Sphenoid	Meningioma G1	Li. Temporal C&E	Difficulty in hearing											
11	Mohammed	Omani	408240	20Y	M	Brain	N	Piloicyte Astrocytoma WHO 1	?	Li.Suboccipital craniotomy and excision of lesion	Dying well											
12	Zahra	Omani	934128	45Y	M	Brain	N	Li.Frontal and parietal	?	Not operated / Not fit	Expreed	Multiple co-morbidities, renal and cardiac disease, MRI not done										
13	Mansour	Omani	949962	33Y	M	B	N	Multiple	?	Not operated	Expreed	K.C of HIV and HBV										
14	Jana	Omani	949335	22Y	M	B	N	Multiple	Lymphoma	Rt. Temporal C&E	Expreed	K.C of HIV										
15	Reem	Omani	873743	7Y	F	Brain	O	Li.FrontoParieto Temporal	Anaplastic Ependymoma WHO 3	Expreed	Expreed											
16	Marhoun	Omani	956633	43 Y	M	Brain	N	Sellar/Suprasellar	Adenomatous craniopharyngioma	Rt.Pterional craniotomy	Expreed											
17	Issa	O	945782	38Y	M	B	N	Inular	Oligoastrocytoma G2	Li. Frontal temporal C & E	Expreed											
18	Nasta	O	11709	30Y	F	B	O	Rt. CP angle	Schwannoma/Meningioma	Rt. Retrotranslational suboccipital craniotomy and excision of CPA tum / facial palsy	Operated case for meningioma											
19	Maryam	O	907649	2Y	F	B	O	Cerebellum	Medulloblastoma	Post. Fossa Redo C & E	Gait ataxia											
20	Jalil	Omani	949461	55Y	F	B	N	Rt. Thalamus	Mes from Lung adenocarcinoma	Rt. Frontal burrhole and vtro Guide biopsy	GCS10											
21	Muza	Omani	19393	40Y	F	Brain	N	Rt.Cerebellum	Mes from Breast Adenocarcinoma	Rt.Sub-Occipital paramedian craniotomy & excision of Pilo-cystoma	GIK10											
22	Muza	Omani	931258	38Y	F	Brain	N	Rt.Frontal	Diffuse Astrocytoma Grade 2	Rt.Frontal craniotomy and excision of SOL	Good											
23	Necar	Iranian	929848	50Y	F	Brain	N	Rt. Frontal	Ependymoma Grade 2/3	Rt. Frontal craniotomy and excision of SOL	Good											
24	Bayan	Omani	115603	18Y	F	B	N	Rt. Cerebellar	Medulloblastoma Grade 4	Rt. Paramedian suboccipital craniotomy and excision of SOL	Good											
25	Zainab	O	945927	25Y	F	B	N	Rt. Frontal	Meningioma G2	Rt. Frontal Tempo-Parietal C and EX	Good											
26	Azza	Omani	933657	48Y	F	Brain	N	Li.Frontal	Meningioma grade 1	Li. Frontal craniotomy and excision of SOL	Good											
27	Faheba	Tanzanian	920118	72Y	F	Brain	N	Li.Fronto TemporoParietal	Meningioma grade 1	Li.Fronto Temporo craniotomy & excision of Sol	Good											
28	Shereen	Omani	948877	59Y	F	B	N	Multiple	Mes carcinoma	Rt. Parietal C&E	Good	No known primary source, LN in the axilla										
29	Shereen	Omani	951246	64Y	F	B	N	Post. Fossa	Mes from lung / mucinos adenocarcinoma	Pos. fossa C&E	Good											
30	Fozma	Omani	942975	25Y	F	B	N	BL CPA	Neurofibroma	CVI approach and E	Good	K.C of neurofibroma										
31	Alfred	Omani	940858	44Y	M	B	N	Pituitary	Adenoma	Endoscopic assisted trans sphenoidal pituitary adenoma	Good											
32	Abdul Aziz	Omani	950396	5Y	M	B	N	4th ventricle	Anaplastic ependymoma G3	Post. Fossa C&E	Good											
33	Abdul Aziz	Omani	940748	23Y	M	B	N	Intra-ventricular	Atypical central neurocytoma	Li. Parieto-Occipital craniotomy and excision of SOL	Good	Re-exploration craniotomy and excision of residual tumor and third ventriculotomy										
34	Hazra	Omani	951187	24Y	M	B	N	Rt. Temporal	Ganglioglioma G1	Rt. Parietal C&E	Good											
35	Sultan	Omani	565923	19Y	M	B	N	Rt. Tempo-Parietal	GDM 4	Rt. Tempo-Parietal C&E	Good											
36	Mahdi	Omani	941330	50Y	M	B	N	Rt. Temporal	GMB grade 4	Rt. Frontal Tempo-Parietal craniotomy and total excision of SOL	Good											
37	Khalaf	O	943963	61Y	M	B	N	Multiple	Mes from lung carcinoma	Rt. Frontal C&E	Good											
38	Abdul Hakeem	Omani	953968	54Y	M	B	N	Rt. Parieto Occipital	Mes from RCC	Rt. Parieto-occipital C&E	Good	K.C of RCC										
39	Adnan	Yemeni	950181	23Y	M	B	N	Rt. Frontal	Oligoastrocytoma G2	Bi coronal, Bifrontal C&E	Good											
40	Bader	Omani	1004395	30Y	M	B	N	Rt. Temporal	Oligodendroglioma	Rt. Temporal C&E	Good											
41	Abdulhadi	Omani	925969	63Y	M	Brain	N	Pituitary	Pituitary adenoma	Trans nasal / trans sphenoidal excision of SOL	Good											
42	Mohammed	Omani	931768	54Y	M	B	N	Civras	Chordoma	Li. sided retrotranslational craniotomy and excision of SOL	Headache											
43	Hikab	Omani	783030	72Y	M	Brain	N	Li. Parietal	Carcinoma mets	Li. Parietal craniotomy and excision of SOL	K.C of oral cell Ca, received chemo and prophylactic brain radiotherapy											
44	Ibrahim	Omani	936899	19Y	F	Brain	N	Li. CPA	Schwannoma	Li. Sided retrotranslational craniotomy and excision of SOL	Li. sided facial palsy	For second stage surgery										
45	Rashed	Omani	924774	38Y	M	Brain	N	Li.CP angle	Schwannoma	Li.Retrotranslational craniotomy and excision of SOL	MM facial palsy											
46	Rabea	Omani	932379	47Y	F	B	N	Pituitary	Adenoma	Trans Sphenoidal excision of pituitary adenoma	MM headache											
47	Hidaya	Omani	914279	61 Y	F	Brain	N	Rt. CP angle	Meningebral/Meningioma WHO 1	Rt. Retrotranslational and excision of Rt.CP angle meningioma	Monthly F.U. OK, GCS Motor and sensory											
48	Nuora	Omani	874499	23Y	F	Brain	N	Pituitary	Pituitary adenoma	Trans-sphenoidal excision of pituitary adenoma	No complain											
49	Ran Jar Al Indian	Omani	924662	29 Y	M	Brain	N	3rd ventricle	Craniocharyngioma WHO 1	Rt.Pterional craniotomy and excision of 3rd ventricular tumor	No F.U. Expatriate pr											
50	Zakiya	Omani	924030	40 Y	F	Brain	N	Li.Frontal	Meningioma WHO 1	Li.Frontal craniotomy and excision of lesion	OK											
51	Sulaiman	Omani	68642	34 Y	M	Brain	N	Pituitary	Pituitary adenoma	Trans-sphenoidal excision of pituitary adenoma	OK											
52	Hikmah	Omani	93366	45Y	F	Brain	N	Para-occipital	Meningebral/Meningioma Grade 1	Rt. Sided preauricular subtemporal approach for 1st stage excision	Operated again in 7/17 for anaplastic meningioma Grade 1											
53	Azi	O	954993	31Y	M	B	O	Li. Frontal	Oligoastrocytoma G2	Not operated /LAMA	Operated for Recurrent tumor in 10/17											
54	Hamed	Omani	923826	65 Y	M	Brain	N	Pituitary	Pituitary adenoma	trans-sphenoidal excision of pituitary adenoma	Operated for residual Pituitary adenoma on 5/17											
55	Hamed	Omani	923826	65 Y	M	Brain	O	Pituitary	Pituitary adenoma	trans-sphenoidal excision of pituitary adenoma	Operated for residual Pituitary adenoma on 5/17											
56	Muza	Omani	931258	39Y	F	Brain	N	Rt. Frontal	Astrocytoma Grade 2	Rt. Frontal craniotomy and excision of SOL	Residual tumor in MRI, referred to radiotherapy + developed severe post op											
57	Nasta	O	11709	30Y	F	B	O	Rt. CP angle	Schwannoma	Rt. Retrotranslational suboccipital craniotomy and excision of CPA tum	Rt.Facial palsy + Dilated ventricles	Operated on 4/17 for meningioma										
58	Sulaiman	Omani	939361	45Y	M	Brain	N	Li. Parietal	Astrocytoma Grade 2	Rt. Parietal awake craniotomy and excision of parasagittal SOL	Rt.sided weakness + numbness											
59	Asia	Omani	11664	60Y	F	B	N	Multiple	Mes adenocarcinoma from Colon	Li. Parieto-Occipital C&E	Stenose + HVA											
60	Fazm	Omani	938724	60Y	F	Brain	N	Rt. Sphenoid / Parietal	Meningioma	Rt. Supra-orbital craniotomy and excision of SOL	surgical site infection											
61	Muab	Omani	891073	6Y	M	Brain	N	Medial obliquata	Medulloblastoma Grade 4	Post. Fossa craniotomy and excision of SOL	VP shunt inserted											
62	Huda	Omani	95012	39Y	F	B	N	Supra-sellar	?	Not operated /LAMA												
63	Azza	Omani	6426	51Y	F	B	O	Multiple lesions	?	Not operated /LAMA												
64	Maryam	Omani	1007178	2Y	F	B	N	Post. Fossa	?Ependymoma	Not operated /For palliative care												
65	Shuha	Omani	748621	10Y	F	B	O	Li. TemporoParietal	?Ependymoma	Re-exploration C&E	Operated on 2012 for ependymoma											
66	Fahad	Omani	958311	63 Y	F	Brain	N	Li.Parieto Occipital	?GBM	Not Operated / Not return from O/P												
67	Scemra	Omani	942010	20Y	F	B	N	Midbrain	?Glioma	Not operated /												
68	Aysha	Omani	928844	61Y	F	B	N	Li. Cavernous sinus	?Meningioma	Not operated / Not return from O/P												
69	Bokhara	Omani	938021	90Y	F	Brain	N	Li. Temporal	?Meningioma	Not Operated / Low Karnofsky Score												
70	Acila	Omani	707556	33 Y	F	Brain	N	Li.Sphenoid wing	?Meningioma	Not Operated / Pregnant												
71	Salema	Omani	956467	65 Y	F	Brain	N	Rt.Parietal	?Meningioma	Not Operated / refused LAMA												
72	Maysa	Omani	56249	14Y	F	Brain	O	Supra-sellar + Rt.Pituitary	?Recurrent Astrocytoma grade 2	Not operated /for Radio-chemo and Palliative	Operated case in 2008 for supra-cribital craniotomy and excision of lesion. HP: Apoxic Astrocytoma G2											
73	Hikmah	Omani	93366	45Y	F</																	

Pseudoprogession of tumours in follow up studies is an important factor to be kept in mind and studies like arterial spin labeling to dynamic susceptibility contrast perfusion MR imaging to be made use of.

Patients were subjected to standard management by investigating modalities of CT and MRI and followed by craniotomies or laminectomies with excision or decompression of the tumor wherever needed. Outcome is of international standard. As per histopathology radiation or chemotherapy was given as per the case.

## 4. Discussion

In review of literature as per Chang-Hyun Lee in 2010 in Korea the incidence of meningioma amounted to 31.2% of all brain tumors. Glioblastoma amounted to be 30.7% of all gliomas. In children under 19 years germ cell tumors and medulloblastomas were the common tumor seen. [1]

Vastrad B in 2017 studied the underlying genetic mechanism of the pathogenesis of gliomas and glioblastomas and found the DEGs, such as MYC, FGFR1, CDKN2A, HOXA10 and MET, may be used for targeted diagnosis and treatment of gliomas and glioblastoma. [2]

Lijuan Bo in 2017 further studied the genetic mechanism of glioblastoma. [3]

Sandberg CJ in 2013 studied comparison of glioma stem cells to neural stem cells from the adult human brain identifies dysregulated Wnt- signaling and a fingerprint associated with clinical outcome. [4]

Aghayan Golkashani in 2015 studied tumors of the central nervous system over a 18-year retrospective review in a Tertiary Pediatric Referral Center in Iran and concluded 53 % of brain tumours to be supratentorial. [5]

Chu TPC in 2018 studied how Do Biological Characteristics of Primary Intracranial Tumors Affect Their Clinical Presentation in Children and Young Adults. [6]

Chu TP in 2016 also studies where are the opportunities for an earlier diagnosis of primary intracranial tumours in children and young adults? [7]

Thust Sc in 2018 studied the pseudoprogession of brain tumors, as shown in radiological investigations. [8]

Liu ZC in 2017 further studied combination of IVIM-DWI and 3D-ASL for differentiating true progression from pseudoprogession of Glioblastoma multiforme after concurrent chemoradiotherapy: study protocol of a prospective diagnostic trial. [9]

Choi YJ in 2013 further emphasized on pseudoprogession in patients with glioblastoma: added value of arterial spin labeling to dynamic susceptibility contrast perfusion MR imaging [10]

## 5. Conclusion

Our study further emphasises the incidence of brain tumours in a sector of population comparable to the data revealed by the other studies. Meningiomas making the bulk of it and medulloblastomas remaining the common paediatric tumour. Pseudoprogession of tumours also an important factor to be considered and to be avoided by making use of studies like arterial spin labeling to dynamic susceptibility contrast perfusion MR imaging [10].

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